



GLUTEN
FREE

Breakfast & Brunch

option
Vg

Breakfast Roll £4.50 **M E S**
buttered gluten free roll with choice of:
bacon | fried egg | add extras +£1.50

Vg

Baked Butter Beans on Toast £6.95 **S**
toasted gluten free bread with homemade baked butter beans
make it cheesy +£1.50 **M** **Vg** cheese available

option
V

Turkish Eggs £9.95 **M E S**
poached eggs served with dill yoghurt, side of toasted gluten free bread and a
drizzle of chorizo oil. make it **V** with garlic oil

Breakfast Omelette **M E S**

The Classic: bacon, cheese, red onion £9

The Green Machine: mushrooms, tomato and avocado £9 **V**

The Meaty One: bacon, chorizo, pepperoni £11

?

Soup of the Day
ask your server for details or see specials board
with gluten free toast £6.95 without toast £5.95



Monty Club

our set brunch menu. select your drink option and pick your monty

dry

includes juice or
tea/coffee of your choice

boozy

includes a glass of
prosecco or mimosa

Full Monty dry £14.95 boozy £17.95 **E S**

hearty plate of fry-up goodness - bacon, eggs (fried, scrambled or poached), homemade
baked butter beans, hash browns, mushrooms, tomatoes and toasted gluten free bread

Vg

Vegan Monty dry £13.95 boozy £16.95 **S**
no meat - no problem! lightly curried tofu scramble, avocado, homemade baked butter
beans, hash browns, mushrooms, tomatoes and toasted gluten free bread

option
Vg

Mini Monty dry £11.95 boozy £14.95 **S**
sometimes you're just not that hungry - pick between full or vegan monty
option and we'll fix you a smaller plate

ALLERGEN INFO

Some of our foods contain
allergens which are noted next to
them on the menu.
Please speak to a member of staff if
you have an allergy or intolerance
and we can suggest some safe
substitutes for you where possible.

G Gluten

S Soya

C Celery

L Lupin

E Eggs

N Nuts

Mu Mustard

Ms Moluscs

F Fish

P Peanuts

Se Sesame

Su Sulphites

V Veggie

Vg Vegan

M Milk

Cr Crustaceans



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Bagel Sandwiches

lightly toasted gluten free bagels with a choice of filling. also available as an open sandwich on gluten free bread.



add a mug of soup to any sandwich +£3.95

Vg

Vegan Lox Bagel £9.50 S Su

generous spread of vegan cream cheese, topped with homemade roast smoked carrot

Vg

Peanut Butter & Banana £9.50 N S

smooth peanut butter with caramelised banana and a sprinkle of cinnamon sugar

Vg

Garlic Mushroom £9 Su S

roasted garlic mushrooms, rocket, balsamic glaze drizzle

Parma Ham, Avocado & Egg £11 E Su S

parma ham, avocado and poached eggs

Cheesy Eggs & Bacon £10 M E Su S

melted cheese, fried eggs, topped with bacon crumb and crispy onions

Breakfast Bagel £13 M E Su S

melted cheese, fried egg, bacon, hash browns and crispy onions

V

Pesto Egg £12.50 M E N Su S

basil pesto fried eggs served with sliced avocado and toasted almonds, rocket, chilli flakes

New Yorker £12 Su S M

melted cheese, mayo, pastrami, sauerkraut

Mini Krafties!

Kids Breakfast £6.95 E S

egg and bacon served with toasted gluten free bread

Vg

Kids Vegan Breakfast £6.95 S

scrambled tofu, homemade beans, served with toasted gluten free bread

option

Vg

Kids Grilled Cheese £7.95 M S

sliced gluten free bread with melted cheese

