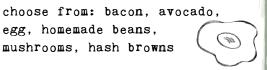


Breakfast & Brunch



Breakfast Roll £4.50 M E S

buttered gluten free roll with choice of: bacon | fried egg | add extras +£1.50



Brunch Add-ons £1.50

Baked Butter Beans on Toast £6.95 S

toasted gluten free bread with homemade baked butter beans make it cheesy +£1.50 \upmu /g cheese available



Turkish Eggs £9.95 M E S

poached eggs served with dill yoghurt, side of toasted gluten free bread and a drizzle of chorizo oil. make it ${\bf V}$ with garlic oil

Breakfast Omelette M E S

The Classic: bacon, cheese, red onion £9
The Green Machine: mushrooms, tomato and avocado £9
The Meaty One: bacon, chorizo, pepperoni £11

Soup of the Day

ask your server for details or see specials board with gluten free toast £6.95 without toast £5.95



Monty Club

our set brunch menu. select your drink option and pick your monty



includes juice or
tea/coffee of your choice

boozy

includes a glass of prosecco or mimosa

Full Monty dry £14.95 boozy £17.95 E S

hearty plate of fry-up goodness - bacon, eggs (fried, scrambled or poached), homemade baked butter beans, hash browns, mushrooms, tomatoes and toasted gluten free bread

Vegan Monty dry £13.95 boozy £16.95 S

no meat - no problem! lightly curried tofu scramble, avocado, homemade baked butter beans, hash browns, mushrooms, tomatoes and toasted gluten free bread



Mini Monty dry £11.95 boozy £14.95

sometimes you're just not that hungry - pick between full or vegan monty option and we'll fix you a smaller plate

ALLERGEN INFO

Veggie

Some of our foods contain allergens which are noted next to them on the menu. Please speak to a member of staff if you have an allergy or intolerance and we can suggest some safe substitutes for you where possible.

- Vg Vegan
- G Gluten
- S Soya
- C Celery
- L Lupin

Eggs

Milk

- N Nuts
- u Mustard

Sesame

s Moluscs

Sulphites

- F Fish
- cr Crustaceans

Peanuts



Bagel Sandwiches

lightly toasted gluten free bagels with a choice of filling. also available as an open sandwich on gluten free bread.



add a mug of soup to any sandwich +£3.95

- Vegan Lox Bagel £9.50 S Su generous spread of vegan cream cheese, topped with homemade roast smoked carrot
- Peanut Butter & Banana £9.50 N S smooth peanut butter with caramelised banana and a sprinkle of cinnamon sugar
- Garlic Mushroom £9 Su S roasted garlic mushrooms, rocket, balsamic glaze drizzle

Parma Ham, Avocado & Egg £11 E Su S parma ham, avocado and poached eggs

Cheesy Eggs & Bacon £10 M E Su S melted cheese, fried eggs, topped with bacon crumb and crispy onions

Breakfast Bagel £13 M E Su S melted cheese, fried egg, bacon, hash browns and crispy onions

Pesto Egg £12.50 M E N Su S

basil pesto fried eggs served with sliced avocado and toasted

New Yorker £12 Su S M
melted cheese, mayo, pastrami, sauerkraut

Mini Krafties!

almonds, rocket, chilli flakes

Kids Breakfast £6.95 E S egg and bacon served with toasted gluten free bread

- Kids Vegan Breakfast £6.95 S scrambled tofu, homemade beans, served with toasted gluten free bread
- Kids Grilled Cheese £7.95 M S sliced gluten free bread with melted cheese





